

NATIONAL NETWORK OF CHILD PSYCHIATRY ACCESS PROGRAMS – NNCPAP  
MEMBER PROGRAMS AND CONTACTS

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**Alaska**

*Program Name:* Alaska Partnership Assistance Line (A-PAL)

*Program Description:* A-PAL is a statewide toll-free medication consultation line designed to support primary care practitioners who prescribe psychiatric medication to youth: physicians, nurse practitioners and physician's assistants; funded by the Alaska Department of Health and Social Services and the Alaska Mental Health Trust Authority for "Bring the Kids Home".

*Website:* <http://hss.state.ak.us/dbh/API/a-pal.htm>

*Contact:* Kathleen Myers, MD, MPH

Seattle Children's Hospital

Phone: 206-987-1663

[Kathleen.myers@seattlechildrens.org](mailto:Kathleen.myers@seattlechildrens.org)

**Arkansas**

*Program Name:* Psych TLC Arkansas

*Program Description:* The Psych TLC (telemedicine, liaison, consultation) psychiatrist offers telephone consultation within 15 minutes. The statewide service is available to offer psychopharmacologic and/or diagnostic consultation for primary care physicians caring for children, adolescents and families experiencing emotional and behavioral disorders resulting in functional impairment; funded by the Arkansas Department of Human Services.

*Website:* <http://psychiatry.uams.edu/PsychTLC> and <http://psychtlc.blogspot.com/>

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**California**

*Program Name:* None yet

*Program Description:* an organization in San Diego, The Vista Hill Foundation is attempting to begin a psychiatry consultation to primary care very similar to what Massachusetts has successfully done.

*Website:* None yet

*Contact:* Medical Director

[mchenven@vistahill.org](mailto:mchenven@vistahill.org)

Bella Montgomery

Triage Clinician

[bmontgomery@vistahill.org](mailto:bmontgomery@vistahill.org)

*Other Information:* Like many of the above listed programs, Bella Montgomery contacted MCPAP for technical assistance to start up their program.

**Colorado**

*Program Name:* Colorado Child Psychiatry Access Program

*Program Description:* The Colorado Child Psychiatry Access Program will serve primary care clinicians who treat Medicaid patients. Colorado has already recruited 5 practices containing 80 individual primary care clinicians within the practice. This is a new startup and is part of their Medicaid contract.

*Website:* not available, new startup

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### **Illinois**

*Program Name:* Illinois DocAssist

*Description:* Illinois DocAssist provides assistance to primary care providers, nurses, nurse practitioners, and other health professionals to screen, diagnose and treat the mental health and substance use problems of children and adolescents up to age 21. The service is available to providers who are enrolled in any medical program administered by the Illinois Department of Healthcare and Family Services (HFS). Illinois DocAssist is funded by the Illinois Department of Healthcare and Family Services (HFS), and the Illinois Department of Human Services, Division of Mental Health (DMH).

*Website:* <http://www.psych.uic.edu/docassist/>

*Contact:* Toya Clay, M.D.

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### **Iowa**

*Program Name:* Child and Youth Psychiatric Consult Project of Iowa (CYC-I)

*Program Description:* The CYC-I program offers four services for Primary Care Providers (PCPs). The services target children and youth, 0-21 years, with mild to moderate mental and behavioral health

needs. Services include psychiatric consult with a University of Iowa Child psychiatrist to a PCP by telephone; mental and behavioral health focused training for the PCP; internet based resources for PCPs and the families they care for; and care coordination. The project is the result of a partnership of the Child Health Specialty Clinics, Iowa's Title V provider for Children with Special Health Care Needs, and the Department of Psychiatry, both at the University of Iowa Children's Hospital.

Website: <http://www.cyc-i.org>

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### **Louisiana**

*Program Name:* Gulf Coast Consultation in Child and Adolescent Psychiatry Program (GCAP)

*Program Description:* Supports primary care provider's ability to identify and address common mental health problems seen in oil-spill affected primary care settings. The program serves patients in New Iberia, Orleans, Plaquemines, St Bernard, St Mary, St Tammany and Terrebonne. Physician consultation warm line provides 15 hours per week of child psychiatry consultation by phone; calls returned within 1 business day; and consultation for assessment, differential diagnosis, and medication decisions; funded by BP Oil.

Website: <http://gcap.tulane.edu>

Contact: Mary Margaret Gleason, MD FAAP

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### **Maine**

*Program Name:* Child Psychiatry Access Program (CPAP)

*Program Description:* Maine Health Access Foundation (MEHAF) grant to pilot collaborative care work with primary care physicians; program modeled after and very similar to MCPAP

*Website:* <http://www.qualitycareforme.com/documents/CartwrightFritschLeavitt&Mork.pdf>

*Contact:* Sandra L. Fritsch, MD

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### **Massachusetts**

*Program Name:* Massachusetts Child Psychiatry Access Project (MCPAP)

*Description:* System of statewide regional children's mental health consultation teams at six teaching hospitals across Massachusetts. Program is available to all primary care clinicians who treat children and adolescents; insurance blind; funded by the Massachusetts Department of Mental Health; administered through the Massachusetts Behavioral Health Partnership.

*Website:* [www.mcpap.com](http://www.mcpap.com)

*Contact:* John Straus, MD

Senior Executive of MCPAP  
Senior VP Medical Affairs  
Massachusetts Behavioral Health Partnership  
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Boston, MA 02110  
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### **Michigan**

*Program Name:* In development stage

*Website:* No website

*Contact:* Sheila Marcus, MD

[smmarcus@med.umich.edu](mailto:smmarcus@med.umich.edu)

Liwei Hua, MD  
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*Other information:* Plans are to have three sites with some embedded child psychiatry within the primary care office. University of Michigan will be the administrative home of this program. The program will provide telephone consultation, telemedicine, and care coordination. This program will be funded via a Medicaid match. Matching funds will be provided by corporate sponsors and private foundations. They have funding in place for a two year time period. They will have .5 FTE of child psychiatry and care coordination.

### **Minnesota**

*Program Name:* Minnesota's Collaborative Psychiatric Consultation Service

*Website:* Minnesota's program is currently in process. To see where they are in the process visit:  
[www.dhs.state.mn.us/psychconsult](http://www.dhs.state.mn.us/psychconsult)

*Contact:* John Zakelj

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Chemical and Mental Health Services  
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### **Missouri**

*Program Name:* Collaborative Care at Washington University School of Medicine, Division of Child and Adolescent Psychiatry

*Program Description:* Wash U has developed a program designed to provide a model of collaborative care between primary care physicians (PCPs) and a child psychiatrist at Wash U. The role of the child psychiatrist in this program is to assess the child's condition with an initial comprehensive intake and then 1-3 successive visits for stabilization and initiation of treatment. Long-term direct care is provided by the PCP with ongoing consultation with the child psychiatrist as needed. If patients are felt to have needs that exceed a collaborative model with the PCP as the direct care provider, they are referred to child psychiatrists in the community. They refer "second opinion" requests to community child psychiatrists or directly to their continuity of care clinic.

*Website:* not available

*Contact:* Ginger Nicol, MD

Washington University School of Medicine  
Division of Child & Adolescent Psychiatry  
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### **New Hampshire/Vermont**

*Program Name:* Teen Mental Health Project

*Program Description:* The goal of this project is to assist pediatric and family medicine practices to implement a systematic approach to identify teens at high risk for depression by routine screening at health checkups. Practices are trained to evaluate, manage, and monitor progress of teens that screen positive for depression. The project will be recruiting practices in 3 cycles over the three years of the grant. The first practices participating are from the Randolph Vermont region and Concord NH.

Additional practices from other communities will be able to participate and receive training in the fall of 2011 and spring 2012. The Teen Mental Health Project is being funded by the US Department of Health and Human Services Agency for Healthcare Research and Quality.

*Website:* <http://www.dartmouthcoopproject.org/TeenMental/index.html>

*Contact:* Ardis Olson, MD

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Susan Smiga  
Co-Investigator  
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### ***New Jersey***

*Program Name:* New Jersey Primary Care Child Psychiatry Collaborative Program

*Website:* New Jersey's program is currently seeking funding – no website available yet

*Contact:* Gary Rosenberg MD

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[gbr15@columbia.edu](mailto:gbr15@columbia.edu)

### ***New Mexico***

*Program Name:* Primary Care/ Child Psychiatry Collaborative/Consultative Program at the Center for Rural and Community Behavioral Health, University of New Mexico Department of Psychiatry

*Website:* Not available yet; still in the development stage

*Contact:* Steven Adelsheim

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### ***New York***

*Program Name:* Project TEACH & CAP-PC

*Program Description:* Project TEACH (Training and Education for the Advancement of Children's Health) provides statewide psychiatric consultation and training to primary care physicians (i.e., pediatricians and family physicians). CAP-PC listed below is the mental health child psychiatry/pediatric consultation component of this program; funded by the New York state Office for Mental Health.

*Website:* [http://www.omh.state.ny.us/omhweb/nycat/project\\_teach/](http://www.omh.state.ny.us/omhweb/nycat/project_teach/)

*Contact:* Stewart Gabel, M.D.

Medical Director  
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*Program Description:* CAP-PC provides statewide program university based teaching hospitals located throughout New York State. This program provides mental health consultation to primary care clinicians who diagnose and treat children and adolescents; funded by the New York State Office for Mental Health.

*Website:* <http://cappcny.org/index.php>

*Contact:* David L. Kaye, M.D.

Project Director, CAP-PC

Professor of Psychiatry

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### **North Carolina**

*Program Name:* North Carolina child psychiatry/primary care

*Program Description:* Wake Forest University has embarked upon an initiative, modeled on MCPAP, which additionally invites referrals and consultations from schools and uses data about school absenteeism, academic performance, and behavior to determine the functional impact of patients' presenting problems and to monitor their treatment response.

*Website:* not available

*Contact:* Jane Meschan Foy, MD

[jmfoy@wfubmc.edu](mailto:jmfoy@wfubmc.edu)

### **Ohio**

*Program Name:* Ohio Pediatric Psychiatry Network (PPN)

*Program Description:* Statewide program provides access to rapid 24/7 child and adolescent psychiatry decision support, education and triage services to help diagnose and treat their patients with psychiatric issues. Funding for this process was made possible in whole by cooperative agreement grant number 5U79SM057460-04 from SAMHSA.

*Website:* <http://www.pedpsychiatry.org>

*Contact:* Beth Ferguson

Project Manager

Ohio Department of Mental Health

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Columbus, OH 43215-3430

Email: [Beth.Ferguson@mh.ohio.gov](mailto:Beth.Ferguson@mh.ohio.gov) Phone: (614) 466-6890; (614) 752-9453

### **Oregon**

*Program Name:* Oregon Psychiatric Access Line for Kids (OPAL-K)

*Website:* Oregon's program is currently seeking funding

<http://artzcenter.org/oregons-childrens-mental-health-taskforce>

*Contact:* Rick Bingham, MD

[Bingham.r@comcast.net](mailto:Bingham.r@comcast.net)

Office: 503-584-9922 Cell: 871-3278

### **Pennsylvania**

*Program Name:* Children's Hospital of Pittsburgh, Pennsylvania behavioral health services program- contact [Abigail Schlesinger, MD](#)

*Program Description:* The Pennsylvania program is housed at the Children's Hospital of Pittsburgh and the consultation piece is part of the regular clinical program at Children's Hospital, and they consult to 11 pediatric practices that are affiliated with the hospital. They use an algorithm that they developed called "Pathways" The primary care clinicians call the therapists, and the psychiatrists are support for the therapist. They currently have 11 therapists, and 4 psychiatrists (1.2).

*Website:* Not available

*Contact:* Abigail Boden Schlesinger, MD

Director Child and Adolescent Psychiatry Fellowship & Triple Board Program Western Psychiatric Institute and Clinic

Pittsburgh Medical Center University of Pittsburgh

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### **Texas**

*Program Name:* Texas Pediatric Access to Subspecialists (Texas PASS)

*Program Description:* Texas PASS at UT Southwestern is a fast, free and easy way to consult with a pediatric subspecialist to help primary care clinicians better serve Medicaid patients. Texas PASS offers consultations in nine subspecialty areas. Child psychiatry is one of the nine subspecialty areas. Texas PASS is available 24 hours per day, 7 days a week; serves Northeast or North Central Texas. Although the program is intended to be a service for Medicaid- enrolled children, Texas PASS accepts calls for all patients. Texas PASS was developed by the Department of Pediatrics at the University of Texas Southwestern Medical Center, with support from the Texas Health and Human Services Commission and in partnership with Children's Medical Center Dallas.

*Website:* <http://txpass.org>

*Contact:* Carol Podolsky, MD

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### **Washington State**

*Program Name:* Partnership Assistance Line (PAL)

*Program Description:* The Partnership Access Line (PAL) is a telephone based child mental health consultation system funded by the state legislature, being implemented now in Washington State. PAL employs child psychiatrists, child psychologists, and social workers affiliated with Seattle Children's Hospital to deliver its consultation services. Though PAL is only contracted to provide service to 1/3rd of the state, at this time the PAL team is making itself available to any primary care provider throughout Washington

*Website:* <http://www.palforkids.org/>

*Contact:* Robert Hilt, MD

Program Director  
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### **Wisconsin**

*Program Name:* ChildPsych911 Collaborative Consultative Service, Ministry Medical Group  
*Program Description:* Collaborative child/adolescent psychiatry consultation service for primary care clinicians within a medical group. This program is the brainchild of Dr. Gabi. The program serves 17 primary care clinics and 80 PCCs in total. Dr. Gabi is on salary at the Ministry Medical Group.  
*Website:* not available  
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Weston, WI 54476  
[gabriella.hangiandreou@ministryhealth.org](mailto:gabriella.hangiandreou@ministryhealth.org)

### **Wyoming**

*Program Name:* Partnership Assistance Line (PAL) of Wyoming  
*Program Description:* The Partnership Access Line (PAL) is a telephone based child mental health consultation system funded by the state legislature and the Wyoming Department of Health. PAL employs child psychiatrists, child psychologists, and social workers affiliated with Seattle Children's Hospital to deliver its consultation services. The PAL team is available to any primary care provider throughout Wyoming.  
*Website:* <http://www.wyomingpal.org>  
*Contact:* Robert Hilt, MD  
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OTHER MEMBER PROGRAMS THAT SUPPORT COLLABORATIVE/CONSULTATION  
PROGRAMS:

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**TeenScreen Primary Care**

*Program Description:* TeenScreen Primary Care is a program of the National Center for Mental Health Checkups at Columbia University. The program is designed to assist health care professionals with integrating mental health checkups into routine health care for adolescent patients. TeenScreen Primary Care provides free evidence-based screening tools to medical providers to help them determine if their adolescent patients are suffering from depression, anxiety or other conditions and also ascertain if they are at risk for suicide.

*Website:* [www.teenscreen.org](http://www.teenscreen.org)

*Contact:* Laurie Flynn  
Executive Director  
TeenScreen at Columbia University  
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New York, NY 10019  
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**The REACH Institute**

*Program Description:* REACH supports the educational component of Project TEACH in New York. REACH has also set up trainings for several other similar programs in many different states including Nebraska, North Carolina, at Geisinger Medical Center in Pennsylvania, and New Hampshire. These trainings are open to providers (pediatricians, family practitioners, child psychiatrists, nurse practitioners, psychologists, social workers, school personnel, and parent advocates). They provide education in recent advances in optimal methods for identifying, diagnosing and treating children's emotional and behavioral problems. These programs are based on the latest scientifically established training procedures for assisting others to adopt new methods in assisting children.

*Website:* <http://www.thereachinstitute.org/president-and-chief-executive-officer-peter-s-jensen-md.html>

*Contact:* Peter S. Jensen, MD  
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CURRENTLY TRYING TO RECRUIT – NOT YET AFFILIATED WITH NNCPAP:

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**Florida**

*Program Name:* Florida Pediatric Psychiatry Hotline

*Website:* <http://medicaidmentalhealth.org/NewsAndAnnouncements/news-detail.aspx?id=44>

*Contact:* University of Florida  
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