

# THE CENTER FOR RURAL AND COMMUNITY BEHAVIORAL HEALTH (CRCBH)

University of New Mexico Health Sciences Center  
Department of Psychiatry

## Program Overview

In partnership with families, communities and state agencies, the Center for Rural and Community Behavioral Health (CRCBH) provides community oriented psychiatric and behavioral health services, systems consultation, services research, workforce development and training throughout New Mexico.

Faculty and staff have a variety of expertise including rural mental health, school-based health, Native American behavioral health, telepsychiatry, behavioral health services research, cultural competency, child and adolescent behavioral health, refugee behavioral health, evidence based practice implementation, traumatic brain injury, developmental disabilities, co-occurring disorders, and severe and persistent mental illness.

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### Behavioral Health Services Research & Evaluation

CRCBH's research and evaluation efforts focus on a number of issues facing the state of New Mexico's behavioral health system, including access, health disparities, and service expansion. Through a collaborative process, this program brings together consumers, family members, providers, and local stakeholders to develop culturally competent research and evaluation projects that benefit communities. Some efforts focus on evaluating existing programs, while others focus on implementing new practices and evaluating outcomes.

### Native American Behavioral Health

Native American Behavioral Health training activities focus on partnering in the creation of culturally informed behavioral health systems and culturally competent providers who are prepared to successfully support tribal communities. Technical assistance activities focus on working with tribes to identify specific behavioral health strengths and needs, and providing technical assistance, training and advocacy based on these needs. Other activities include assisting communities in service development and expansion through grant writing, evaluation, and technical assistance.

### School Community Behavioral Health

School Community support efforts include consultation to communities and tribes on developing and implementing school mental health systems and supports. Ongoing psychiatric and behavioral health consultation is available to schools and school-based health centers (SBHCs) statewide via telephone and televideo. In addition, support is provided for suicide prevention, intervention and postvention to schools. In some communities, direct televideo child psychiatry and behavioral health services are also provided.

### Tele-Behavioral Health

CRCBH supports and partners with multiple Telehealth programs to provide Tele-Behavioral Health services throughout New Mexico. Many Telehealth-based programs provide direct clinical services in child, adolescent, adult, and addictions psychiatry. Other programs provide training and consultation to primary care and behavioral health providers working in rural and isolated communities, including school based health centers, federally qualified health centers, and Indian Health Service sites. The goal is to facilitate collaborative efforts between providers, educators, consumers, and family members, as well as increase the capacity of rural providers to independently manage behavioral health issues.

### Training and Workforce Development

CRCBH provides multiple training opportunities for providers, students, and community members representing a variety of professions, including psychiatry, psychology, social work, and primary care. The training program focuses on a wide-range of topics including: clinical practice in rural communities, public behavioral health system and policy development, services research, and culturally competent service provision. CRCBH is also part of the Consortium for Behavioral Health Training and Research, a partnership between the Behavioral Health Purchasing Collaborative, the Department of Higher Education, and various colleges and universities statewide, that strives to improve behavioral health services through training, evaluation and research.

## Behavioral Health Research and Evaluation Projects

- Children's Systems Of Care evaluations (Statewide and Tribal)
- NIH Disparities Center Research
- Recovery After an Initial Schizophrenia Episode (RAISE)
- Early Assessment and Resource Linkage for Youth (EARLY)
- Healthy Homes grant evaluation
- Veteran and Family Support Services: Jail Diversion evaluation
- Tribal Suicide Prevention evaluation and support
- Total Community Approach: Substance Abuse Prevention evaluation
- Circles Of Care tribal behavioral health systems evaluation
- Crossroads Supporting Families: Program evaluation

## Native American Behavioral Health Projects

- Tribal Children's System of Care Grant Partnerships
- Garrett Lee Smith Suicide Prevention Grant Partnerships
- Native American Behavioral Health Pipeline Project
- Tribal Data Workgroup Partnership
- Statewide Native American Suicide Prevention Partnerships
- Statewide Native American Behavioral Health Trainings
- Native American Community Academy (NACA) - School Based Health Center Consultation
- Project TRUST

## School Community Behavioral Health Programs

- Weekly statewide telehealth school consultation and training support
- Supervision and consultant to multiple school districts and SBHC statewide
- Youth suicide prevention support to schools

## Tele-Behavioral Health Programs

- Albuquerque Area: Indian Health Services
- Carlsbad Mental Health Center
- Hidalgo Medical Services
- Office of School and Adolescent Health (OSAH) and School Based Health Centers (SBHC)
- Optum Health-NM
- Sangre de Cristo Community Health Partnership: Screening, Brief Intervention, and Referral to substance abuse Treatment program (SBIRT)

## Training and Workforce Programs

- Rural Adult Psychiatry Residency Training Program
- Rural Child Psychiatry Fellowship Training Program
- Rural Psychology Internship- Major and Minor Rotations
- Rural Social Work Internships
- Statewide Wraparound Training support
- New Mexico Comprehensive Community Support Specialist Curriculum: support and training
- IHS-ABQ Area: Primary Care & Behavioral Health Teleconference Series
- ECHO Child and Adolescent Behavioral Health Teleconference Series