
New Hampshire Youth Mental Health Fact Sheet

In New Hampshire, suicide is the third leading cause of death for 11-18 year-olds. Almost as many teens die by suicide as those who die from all natural causes combined. (Centers for Disease Control and Prevention, 2005)

From 1999 to 2005, a total of 1,020 suicide attempts made in the state of New Hampshire resulted in death. 51 of these deaths were children and young adults from 11 to 18 years of age. (Centers for Disease Control and Prevention, 2005)

Among New Hampshire youth ages 12 to 17, 10% suffered an episode of Major Depression within one year. (National Survey on Drug Use and Health Promotion, 2007)

For New Hampshire high school students, within a 12-month period:

- 24.6% feel sad and hopeless enough over a two-week period to halt usual activity
- 13.7% think seriously about suicide
- 9.2% make a plan for suicide
- 5.5% attempt suicide
- 2.2% make a suicide attempt that requires medical attention

(National Center for Chronic Disease Prevention and Health Promotion, Youth Risk Behavior Surveillance, 2007) Teens between the ages of 15 and 19 have the highest hospitalization rate for suicide attempts in the state. These teens account for 14% of those hospitalized for suicide attempts in New Hampshire. (Suicide Prevention Resource Center)

Additional State Information

The New Hampshire Department of Health and Human Services has developed the New Hampshire Suicide Prevention Plan.

To read the state's suicide prevention plan in its entirety, visit:

<http://www.dhhs.state.nh.us/DHHS/DPHS/LIBRARY/Program+Report-Plan/suicide-prevention.htm>

The first local TeenScreen program in New Hampshire began screening in 1999.

In 2006, 250 families were offered mental health screening through local TeenScreen programs in New Hampshire.

For more information about mental health care and policy in the state, contact:

The New Hampshire Department of Health and Human Services

129 Pleasant St

Concord, NH 03301-3857

Web site: http://www.dhhs.state.nh.us/DHHS/DHHS_SITE/default.htm

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