TeenScreen® National Center for Mental Health Checkups at Columbia University

Screening and Teen Health

Everyone deserves good health. There are two aspects of good health, what is going on with your physical body and what is going on within your brain. The physical body gives a clear signal when something is not right. The brain gives a clear signal as well but it is often mixed within a day's emotions, thoughts and stress. This short questionnaire will help sort out what is common and okay versus what might not be ok.

As with everything we talk about, it is confidential unless a concern shows up. The doctor and patient will talk about the results before they talk with the parent or guardian. The patient, doctor and parents are a team all working together for the patient's good health.